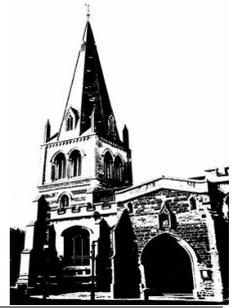


# Welcome to All Hallows

1 March 2020

**First Sunday of Lent**

11:15 Family Eucharist



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*Feel free to ask the Priest before the service if you have any special intentions to be included in today's **Intercessions**.*

**We do not practise Intinction** (dipping the consecrated bread, or host, into the consecrated wine before consumption by the communicant) in this church. If you are unable to partake of the Common Cup, then it is legitimate to receive the host alone, since the body and blood are present in both species.

**Be aware of the step-up** if you use the pews on the north and south walls – we don't want anyone falling.

**In case of an accident** during the service, if there is a trained medic in church, they should take control and others should remain in their seats. A churchwarden should call for an ambulance if needed and the accident book should be filled in. The service will continue as normal if at all possible.

**Personal photographs** you take in our church, with other children in them, are not to be published on social media sites (Instagram, Facebook etc.)

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## HYMN

- 1       Forty days and forty nights  
          thou wast fasting in the wild,  
          forty days and forty nights  
          tempted and yet undefiled.
  
- 2       Sunbeams scorching all the day,  
          chilly dewdrops nightly shed,  
          prowling beasts about thy way,  
          stones thy pillow, earth thy bed.
  
- 3       Let us thine endurance share,  
          and awhile from joys abstain,  
          with thee watching unto prayer,  
          strong with thee to suffer pain.

- 4        And if Satan, vexing sore,  
          flesh or spirit should assail,  
          thou, his vanquisher before,  
          grant we may not faint nor fail.
- 5        So shall we have peace divine;  
          holier gladness ours shall be;  
          round us too shall angels shine,  
          such as ministered to thee.
- 6        Keep, O keep us, Saviour dear,  
          ever constant by thy side,  
          that with thee we may appear  
          at the eternal Eastertide.

*George Hunt Smyttan (1822-1870), Francis Pott (1832-1909) HymnQuest ID: 52912*

## **GREETING**

*The President says*

In the name of the Father,  
and of the Son, and of the Holy Spirit.

**All        Amen.**

The Lord be with you,

**All        and also with you.**

*Words of welcome may be said.*

## **PRAYER OF PREPARATION**

**All        Almighty God,  
          to whom all hearts are open,  
          all desires known,  
          and from whom no secrets are hidden:  
          cleanse the thoughts of our hearts  
          by the inspiration of your Holy Spirit,  
          that we may perfectly love you,  
          and worthily magnify your holy name;  
          through Christ our Lord. Amen.**

## THE COMMANDMENTS

Hear these commandments which God has given to his people,  
and examine your hearts.

I am the Lord your God: you shall have no other gods but me.  
You shall love the Lord your God with all your heart,  
with all your soul, with all your mind, and with all your strength.

**All**      **Amen. Lord, have mercy.**

You shall not make for yourself any idol.  
God is spirit, and those who worship him  
must worship in spirit and in truth.

**All**      **Amen. Lord, have mercy.**

You shall not dishonour the name of the Lord your God.  
You shall worship him with awe and reverence.

**All**      **Amen. Lord, have mercy.**

Remember the Sabbath and keep it holy.  
Christ is risen from the dead:  
set your minds on things that are above,  
not on things that are on the earth.

**All**      **Amen. Lord, have mercy.**

Honour your father and mother.  
Live as servants of God; let us work for the good of all,  
especially members of the household of faith.

**All**      **Amen. Lord, have mercy.**

You shall not commit murder.  
Live peaceably with all; overcome evil with good.

**All**      **Amen. Lord, have mercy.**

You shall not commit adultery.  
Know that your body is a temple of the Holy Spirit.

**All**      **Amen. Lord, have mercy.**

You shall not steal.  
Be honest in all that you do, and care for those in need.

**All**      **Amen. Lord, have mercy.**

You shall not be a false witness.  
Let everyone speak the truth.

**All**      **Amen. Lord, have mercy.**

You shall not covet anything which belongs to your neighbour.  
Remember the words of the Lord Jesus:  
'It is more blessed to give than to receive.'  
Love your neighbour as yourself, for love is the fulfilling of the law.

**All      Amen. Lord, have mercy.**

## **CONFESSION**

Minister The sacrifice of God is a broken spirit;  
a broken and contrite heart God will not despise.  
Let us come to the Lord, who is full of compassion,  
and acknowledge our transgressions in penitence and faith.

## **KYRIE**

**All      Lord, have mercy. Lord, have mercy.  
Christ, have mercy. Christ, have mercy.  
Lord, have mercy. Lord, have mercy.**

## **ABSOLUTION**

*The President says*

Almighty God,  
who forgives all who truly repent,  
have mercy upon us,  
pardon and deliver us from all our sins,  
confirm and strengthen us in all goodness,  
and keep us in life eternal;  
through Jesus Christ our Lord.

**All      Amen.**

## **COLLECT**

*The President introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.*

*The Collect is said:*

Heavenly Father,  
your Son battled with the powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in wisdom and prayer

that we may witness to your saving love  
in Jesus Christ our Lord.

**All        Amen.**

### **FIRST READING** Genesis 2.15-17; 3.1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' But the serpent said to the woman, 'You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

*At the end the reader may say*

This is the word of the Lord.

**All        Thanks be to God.**

*Silence may be kept.*

### **PSALM 32**

- 1        Happy the one whose transgression is forgiven, \*  
          and whose sin is covered.
- 2        Happy the one to whom the Lord imputes no guilt, \*  
          and in whose spirit there is no guile.
- 3        For I held my tongue; \*  
          my bones wasted away through my groaning all the day long.
- 4        Your hand was heavy upon me day and night; \*  
          my moisture was dried up like the drought in summer.

- 5 Then I acknowledged my sin to you \*  
and my iniquity I did not hide.
- 6 I said, 'I will confess my transgressions to the Lord,' \*  
and you forgave the guilt of my sin.
- 7 Therefore let all the faithful make their prayers to you in time of trouble; \*  
in the great water flood, it shall not reach them.
- 8 You are a place for me to hide in; you preserve me from trouble; \*  
you surround me with songs of deliverance.
- 9 'I will instruct you and teach you in the way that you should go; \*  
I will guide you with my eye.
- 10 'Be not like horse and mule which have no understanding; \*  
whose mouths must be held with bit and bridle,  
or else they will not stay near you.'
- 11 Great tribulations remain for the wicked, \*  
but mercy embraces those who trust in the Lord.
- 12 Be glad, you righteous, and rejoice in the Lord; \*  
shout for joy, all who are true of heart
- Glory to the Father, and to the Son,  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

## **SECOND READING** Romans 5.12-19

Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned – sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.



All



Praise to you— O, Christ, King of e - ter - nal glo - ry.

Minister Hear the Gospel of our Lord Jesus Christ according to Matthew.

All **Glory to you, O Lord.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."'

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."'

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."'

Then the devil left him, and suddenly angels came and waited on him.

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

## SERMON

*After the Sermon silence may be kept.*

## CREED

*The President says*

Let us declare our faith in God,  
Father, Son and Holy Spirit.

All **We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,**

begotten, not made, of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

*Silence may be kept.*

## **PRAYERS OF INTERCESSION**

Let us pray.

*This response may be included:*

Lord, hear us.

**All      Lord, graciously hear us.**

*And at the end*

Merciful Father,

**All      accept these prayers  
for the sake of your Son,  
our Saviour, Jesus Christ. Amen.**

*Silence is kept.*

## PEACE

Since we are justified by faith,  
we have peace with God  
through our Lord Jesus Christ who has given us access to his grace.

*cf Romans 5.1,2*

The peace of the Lord be always with you.

**All**      **And also with you.**

Minister Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

## PREPARATION OF THE TABLE

*During the hymn a collection takes place.*

## HYMN

- 1            Be thou my vision, O Lord of my heart,  
              Be all else but naught to me, save that thou art,  
              Be thou my best thought in the day and the night,  
              Both waking and sleeping, thy presence my light.
- 2            Be thou my wisdom, be thou my true word,  
              Be thou ever with me, and I with thee, Lord,  
              Be thou my great Father, and I thy true son,  
              Be thou in me dwelling, and I with thee one.
- 3            Be thou my breastplate, my sword for the fight,  
              Be thou my whole armour, be thou my true might,  
              Be thou my soul's shelter, be thou my strong tower,  
              O raise thou me heavenward, great Power of my power.
- 4            Riches I heed not, nor man's empty praise,  
              Be thou mine inheritance now and always,  
              Be thou and thou only the first in my heart,  
              O Sovereign of Heaven, my treasure thou art.
- 5            High King of Heaven, thou Heaven's bright Sun,  
              O grant me its joys after vict'ry is won,  
              Great Heart of my own heart, whatever befall,  
              Still be my vision, O Ruler of all.

*Irish, c 8th century; tr. Mary Byrne (1880-1931), versified Eleanor Hull (1860-1935) HymnQuest ID: 45249*

## TABLE PRAYER

God of mercy and compassion,  
your Word calls us home to faith and love.  
accept all we offer you this day;  
in the name of Jesus Christ the Lord.

**All      Amen.**

## EUCCHARISTIC PRAYER

The Lord be with you  
**All      and also with you.**

Lift up your hearts.  
**All      We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**All      It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.

For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.

Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and singing:

**All      Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna, hosanna, hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna, hosanna, hosanna in the highest.**

Lord, you are holy indeed,  
the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood  
of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:

Take, eat;  
this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:

Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Minister Great is the mystery of faith.

**All Christ has died; Christ is risen;  
Christ will come again.**

And so, Father,  
calling to mind his death on the cross,  
his perfect sacrifice made once  
for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this  
our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we,  
in the company of [N and] all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours,  
almighty Father, for ever and ever.

**All Amen.**

*Silence may be kept.*

## **THE LORD'S PRAYER**

Standing at the foot of the cross,  
let us pray with confidence as our Saviour has taught us.

**All Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

*(Or)*

**Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory  
for ever and ever. Amen.**

## **BREAKING OF THE BREAD**

*The President breaks the consecrated bread.*

We break this bread to share in the body of Christ

**All**      **Though we are many, we are one body,  
because we all share in one bread.**

## **AGNUS DEI**

**All**      **Lamb of God,  
you take away the sins of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sins of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sins of the world,  
grant us peace.**

## **GIVING OF COMMUNION**

God's holy gifts for God's holy people.

**All**      **Jesus Christ is holy, Jesus Christ is Lord,  
to the glory of God the Father.**

*The people come forward to receive communion, authorized words of distribution are used and the communicant replies **Amen**.*

## **ANTHEM Attende Domine (Lent Prose)**

*Silence is kept.*

## **PRAYER AFTER COMMUNION**

Lord God,  
you have renewed us with the living bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:

teach us always to hunger for him  
who is the true and living bread,  
and enable us to live by every word  
that proceeds from out of your mouth;  
through Jesus Christ our Lord.

**All We thank you, Lord,  
that you have fed us in this sacrament,  
united us with Christ,  
and given us a foretaste of the heavenly banquet  
prepared for all peoples. Amen.**

## **NOTICES**

## **BLESSING**

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**All Amen.**

## **HYMN**

- 1 Lead us, heavenly Father, lead us  
o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us  
for we have no help but thee;  
yet possessing every blessing,  
if our God our Father be.
- 2 Saviour, breathe forgiveness o'er us;  
all our weakness thou dost know;  
thou didst tread this earth before us,  
thou didst feel its keenest woe;  
self denying, death defying,  
thou to Calvary didst go.
- 3 Spirit of our God, descending,  
fill our hearts with heavenly joy,  
love with every passion blending,  
pleasure that can never cloy:

thus provided, pardoned, guided,  
nothing can our peace destroy.

*James Edmeston (1791-1867) HymnQuest ID: 56695*

Minister Go in peace to love and serve the Lord.

**All In the name of Christ. Amen.**

*The ministers and people depart.*

## NOTICES

**DURING THE INTERREGNUM OUR MINISTRY TEAM** is here to assist you:

Revd Christine 01933 226730

Pam Byles 07758256909

Helen Jennings 01933 272160

Fred Raitt 01933 677988

Pat Thomas 01933 382979

Barbara Haynes (for the Benefice Prayer Chain) 01933222612

**OFFICE CLOSED** next week.

**TALKING FAITH – LENT COURSE** every Thurs until 2 Apr.

Afternoon session: 13:30-15:00, All Hallows' Hall.

Evening session: 19:30-21:00, 5 Mar at the home of Jan Smart (1 Hatton Court, Debdale Road, NN8 5AJ), all other dates in All Hallows' Hall.

**ALL SAINTS' EASTER LILIES** cost £3 each, Sue Mutlow is collecting the money. Please write the names clearly on the list in church. Donations towards the cost of flowers are also gratefully received.

**ALL HALLOWS' CHURCH ELECTORAL ROLL** Notice is hereby given that the Church Electoral Roll will be revised by the PCC beginning on 26 Jan and ending on 1 Mar 2020. The current Roll is displayed in the box in the church porch. Please, notify Dick Smart, the Electoral Roll Officer, of any additions, subtractions or correction of details. The revised roll will be displayed from Sun 8 Mar.

**ALL HALLOWS' ANNUAL PAROCHIAL CHURCH MEETING** Sun 29 Mar 10:30, before the 11:15 service.

## INTERCESSIONS

**PRAY FOR THE CHURCH** la Iglesia Anglicana de Chile; The Porvoo Churches: Canterbury, Down and Dromore

**PRAY FOR** Christian Smalley Atu Pele, Helen Smith, George, Nicholas Parker, Stuart, young Felix, Richard Hole, Ollie Ray, Doreen Stock, Phillip Byles, Ella Reid, Angela, Adam, Stephen, Anthony Francis, Stephanie Lawson, Margaret Bland, Richard Maris

**THE HOUSEBOUND** Margaret O, Doreen A, Sylvia P, Ruth S, Diana B, Phyllis B, Ken M  
**ANNIVERSARIES** Margaret Barrett, Eva Hornsey, Roy Brown, Marjorie Benge, Edwin Turnell, Lilian Croft, John McInnes, Elizabeth Hartwell, George Downes, Pat Salsbury, Joyce Mandeville, David John Coxall, Reginald Hill Carter, Leonard George Tyzack, Jennifer Lamperd, Joan Stoble, Elizabeth Tebbutt, Margaret Alice Charter, Kenneth Wallis, Alice Maud Stevens, Thomas William Bues, Robert Adamson, Fred Thomas Tredgett

**REST IN PEACE** Betty Metcalf

## DIARY

### Mon 2 Mar

#### Chad

17:45	Cubs	All Saints' Hall
18:15	Brownies & Rainbows	All Hallows' Hall
19:30	Scouts	All Saints' Hall

### Tue 3 Mar

8:00	Morning Prayer	All Hallows
9:30	Coffee morning	All Hallows' Hall
10:00	Open church	All Hallows

### Wed 4 Mar

8:00	Morning Prayer	All Saints
9:00	School assembly	All Saints
9:30	Coffee morning	All Hallows' Hall
10:00	Open church	All Hallows
12:15	Midweek Eucharist	All Hallows

### Thu 5 Mar

8:00	Morning Prayer	All Hallows
9:45	Tiny Tots	All Hallows' Hall
10:00	Holy Communion BCP	All Saints
13:30	Talking Faith – Lent	All Hallows' Hall
19:30	Talking Faith – Lent	Jan Smart's house

### Fri 6 Mar

8:00	Morning Prayer	All Saints
9:30	Coffee morning	All Hallows' Hall
10:00	Open church	All Hallows
13:30	World Day of Prayer service	All Saints
18:30	Junior choir practice	All Saints
19:00	Choir practice	All Saints
19:00	Quire practice	All Hallows

### Sat 7 Mar

#### Perpetua, Felicity and their companions

9:30	Coffee morning	All Hallows' Hall
9:30	MU Communion	All Hallows
10:00	Open church	All Hallows

### Sun 8 Mar

#### Lent 2

*Magazine deadline*

8:00	Eucharist	All Saints
9:15	Family Eucharist & APCM	All Saints
10:30	Coffee & catch-up	All Hallows
11:15	All-Age Eucharist	All Hallows
18:00	Explorer Scouts	All Saints' Hall

## **CONTACT THE BENEFICE OFFICE:**

to ask if a notice might be added to the folio;  
or if a name might be added to the prayer/anniversary lists.

## **HOW THE PRAYER LIST WORKS:**

1. Please obtain the consent of the person you wish us to pray for.
2. Tell the Benefice Office whom to pray for and the reason why.
3. A name remains on the list for three months, unless discussed otherwise.

## **TO DOWNLOAD THE WEEKLY FOLIO:**

go to our website [allhallowsandallsaintswellingborough.co.uk](http://allhallowsandallsaintswellingborough.co.uk),  
then Resources / Weekly folio.

### **COMMUNICATION**

***A word fitly spoken is like apples of gold in a setting of silver.***

*Proverbs 25:11*

It is clearly important that we keep open good channels of communication. Mike Jennings is the person who uploads information on to the web page, so if you want to include something do speak with him. And Agnes keeps the online calendar, so do inform her if something you are involved in changes or needs to be added.

*Please take this folio home  
for your prayers during the week*

## **All Hallows Church**

### **Wellingborough**

Office open: Tues, Wed, Thurs 8:00-12:00  
phone: 01933 278484  
email: officeallhallows@btinternet.com  
website: allhallowsandallsaintswellingborough.co.uk

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