

GREETING

We meet in the name of God,
Father, Son and Holy Spirit.
Amen.

The Lord be with you,
and also with you.

Words of welcome may be said.

PRAYER OF PREPARATION

**Almighty God,
to whom all hearts are open, all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

CONFESSION

You then, who truly and earnestly repent of your sins,
and are in love and charity with your neighbours,
and intend to lead a new life,
following the commandments of God,
and walking from this day forward in his holy ways:
draw near with faith,
and take this holy sacrament to your comfort;
and make your humble confession to almighty God.

**Almighty God, our heavenly Father,
we have sinned against you, through our own fault,
in thought, and word, and deed,
and in what we have left undone.
We are heartily sorry, and repent of all our sins.**

**For your Son our Lord Jesus Christ's sake,
forgive us all that is past;
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

May the God of love and power
forgive you and free you from your sins,
heal and strengthen you by his Spirit,
and raise you to new life in Christ our Lord.
Amen.

GLORIA IN EXCELSIS

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father. Amen.**

COLLECT

The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.

Lord Jesus Christ,
we thank you that in this wonderful sacrament
you have given us the memorial of your passion.
Grant us so to reverence the sacred mysteries of your body and blood
that we may know within ourselves
and show forth in our lives the fruits of your redemption;
for you are alive and reign with the Father
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

FIRST READING Genesis 14.18-20

King Melchizedek of Salem brought out bread and wine; he was priest of God Most High. He blessed him and said, 'Blessed be Abram by God Most High, maker of heaven and earth; and blessed be God Most High, who has delivered your enemies into your hand!' And Abram gave him one-tenth of everything. Then the king of Sodom said to Abram, 'Give me the people, but take the goods for yourself.' But Abram said to the king of Sodom, 'I have sworn to the LORD, God Most High, maker of heaven and earth, that I would not take a thread or a sandal-thong or anything that is yours, so that you might not say, "I have made Abram rich." I will take nothing but what the young men have eaten, and the share of the men who went with me – Aner, Eshcol, and Mamre. Let them take their share.'

This is the word of the Lord.

Thanks be to God.

SECOND READING 1 Corinthians 11.23-26

Beloved, I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, 'This is my body that is for you. Do this in remembrance of me.' In the same way he took the cup also, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.' For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

This is the word of the Lord.

Thanks be to God.

GOSPEL READING John 6.51-58

Alleluia!

'I am the living bread that came down from heaven' says the Lord.

'Whoever eats of this bread will live for ever.'

Alleluia!

Hear the Gospel of our Lord Jesus Christ according to John.

Glory to you, O Lord.

Jesus said to the Jews: 'I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.' The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my

blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.’

This is the Gospel of the Lord.

Praise to you, O Christ.

SERMON

AFFIRMATION OF FAITH

Let us declare our faith in God: Father, Son and Holy Spirit.

We believe in God the Father,

from whom every family in heaven and on earth is named.

We believe in God the Son,

who lives in our hearts through faith, and fills us with his love.

We believe in God the Holy Spirit,

who strengthens us with power from on high.

We believe in one God: Father, Son and Holy Spirit. Amen.

Silence may be kept.

PRAYERS OF INTERCESSION

We pray to the Lord.

This response may be included:

Lord, hear us.

Lord, graciously hear us.

And at the end

Merciful Father,

accept these prayers for the sake of your Son,

our Saviour, Jesus Christ. Amen.

PEACE

The president says:

We are the Body of Christ.

In the one Spirit we were all baptised into one body.

Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you,
and also with you.

PREPARATION OF THE TABLE

God our sustainer,
receive the gifts we bring before you,
and feed us continually with that bread which satisfies all hunger,
your Son our Saviour Jesus Christ.
Amen.

EUCCHARISTIC PRAYER

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right and good, our duty and our salvation
always and everywhere to give you thanks and praise
holy Father, almighty and eternal God,
through Jesus Christ our great high priest.

He offered himself to you as the Lamb without blemish,
the acceptable gift that gives you perfect praise.
At the Last Supper, seated with his apostles,
he left this memorial of his passion
to bring us its saving power until the end of time.

In this great sacrament you feed your people
and strengthen them in holiness,
so that throughout the world the human family
may be enlightened by one faith
and drawn together in one communion of love.

We come to this foretaste of your heavenly banquet
to be transformed by your grace
and restored in the image and likeness of the risen Christ.

Therefore earth unites with heaven to sing a new song of praise;
we too join with angels and archangels
as they proclaim your glory without end:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Christ has died; Christ is risen; Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of *[N and]* all the saints,
may praise and glorify you for ever,

through Jesus Christ our Lord;
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father, for ever and ever.
Amen.

THE LORD'S PRAYER

As our Saviour taught us, so we pray.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

(Or) **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory
for ever and ever. Amen.**

BREAKING OF THE BREAD

The president breaks the consecrated bread.

We break this bread to share in the body of Christ.

Though we are many, we are one body, because we all share in one bread.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

GIVING OF COMMUNION

Christ is the true bread which has come down from heaven.

Lord, give us this bread always.

WORDS OF DISTRIBUTION said to all here

The body of Christ keep you in eternal life.

Amen.

Please wait to be directed forward to receive communion in one kind only which is distributed in silence.

PRAYER AFTER COMMUNION

All praise to you, our God and Father,
for you have fed us with the bread of heaven
and quenched our thirst from the true vine:
hear our prayer that, being grafted into Christ,
we may grow together in unity and feast with him in his kingdom;
through Jesus Christ our Lord.

**Almighty God, we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

BLESSING

Christ, who has nourished us with himself the living bread,
make you one in praise and love,
and raise you up at the last day;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

The people depart from the building, followed by the ministers.

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