

We continue to observe **social distancing rules** in our church.

Please use the **hand sanitiser** stations when you arrive, before and after communion, and when you leave.

**Remain in the seat** the steward directed you to. At the distribution of communion and at the end of the service please wait there until the steward directs you to move.

**Face masks** are mandatory when you are moving around in church. You may remove your mask whilst sitting in your pew, and also for a brief period when receiving communion.

Please take this service sheet home with you.

Sadly, there will be no gathering afterwards.

**Personal photographs** you take in our church, with children other than your own in them, are not to be published on social media sites (Instagram, Facebook etc.)

## HYMN

- 1 Alleluia, sing to Jesus,  
his the sceptre, his the throne;  
alleluia, his the triumph,  
his the victory alone:  
hark, the songs of peaceful Sion  
thunder like a mighty flood:  
Jesus, out of ev'ry nation,  
hath redeemed us by his blood.
- 2 Alleluia, not as orphans  
are we left in sorrow now;  
alleluia, he is near us,  
faith believes, nor questions how;  
though the cloud from sight received him  
when the forty days were o'er,  
shall our hearts forget his promise,  
'I am with you evermore?'

- 3 Alleluia, bread of angels,  
here on earth our food, our stay;  
alleluia, here the sinful  
come to you from day to day.  
Intercessor, friend of sinners,  
earth's redeemer, plead for me,  
where the songs of all the sinless  
sweep across the crystal sea.
- 4 Alleluia, King eternal,  
him the Lord of lords we own;  
alleluia, born of Mary,  
earth his footstool, heav'n his throne;  
he within the veil has entered  
robed in flesh, our great High Priest;  
he on earth both priest and victim  
in the Eucharistic Feast.

*Kevin Mayhew Ltd version of a text by William C Dix (1837-1898)  
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## GREETING

We meet in the name of God,  
Father, Son and Holy Spirit.  
**Amen.**

The Lord be with you,  
**and also with you.**

*Words of welcome may be said.*

## PRAYER OF PREPARATION

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## CONFESSION

The gospel calls us to turn away from sin  
and be faithful to Christ.  
As we offer ourselves to him in penitence and faith,  
we renew our confidence and trust in his mercy.

We confess to you our selfishness and lack of love:  
fill us with your Spirit.  
Lord, have mercy.  
**Lord, have mercy.**

We confess to you our fear and failure in sharing our faith:  
fill us with your Spirit.  
Christ, have mercy.  
**Christ, have mercy.**

We confess to you our stubbornness and lack of trust:  
fill us with your Spirit.  
Lord, have mercy.  
**Lord, have mercy.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.  
**Amen.**

## GLORIA IN EXCELSIS

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;

you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

## COLLECT

*The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.*

Lord of heaven and earth,  
as Jesus taught his disciples to be persistent in prayer,  
give us patience and courage never to lose hope,  
but always to bring our prayers before you;  
through Jesus Christ our Lord.  
Amen.

## FIRST READING 1 Kings 19.4-8

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O LORD, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

Then the LORD said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.'

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, 'I have

heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God."

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the LORD has given you to eat.'

*At the end the reader may say*

This is the word of the Lord.

**Thanks be to God.**

*Silence may be kept.*

## **PSALM 34.1-8**

- 1 I will bless the Lord at all times; his praise shall ever be in my mouth.
- 2 My soul shall glory in the Lord; let the humble hear and be glad.
- 3 O magnify the Lord with me; let us exalt his name together.
- 4 I sought the Lord and he answered me  
and delivered me from all my fears.
- 5 Look upon him and be radiant and your faces shall not be ashamed.
- 6 This poor soul cried, and the Lord heard me  
and saved me from all my troubles.
- 7 The angel of the Lord encamps around those who fear him  
and delivers them.
- 8 O taste and see that the Lord is gracious;  
blessed is the one who trusts in him.

## **SECOND READING Ephesians 4.25-5.2**

Putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness

and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you.

Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

*At the end the reader may say:*

This is the word of the Lord.  
**Thanks be to God.**

*Silence may be kept.*

## **GOSPEL READING John 6.35,41-45**

The Lord be with you,  
**and also with you.**

Hear the Gospel of our Lord Jesus Christ according to John.  
**Glory to you, O Lord.**

Jesus said to the crowd, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

## **SERMON**

*After the Sermon silence may be kept.*

## AFFIRMATION OF FAITH

Let us declare our faith in God,  
Father, Son and Holy Spirit.

**We believe in God the Father,  
from whom every family in heaven and on earth is named.**

**We believe in God the Son,  
who lives in our hearts through faith, and fills us with his love.**

**We believe in God the Holy Spirit,  
who strengthens us with power from on high.**

**We believe in one God: Father, Son and Holy Spirit. Amen.**

*Silence may be kept.*

## PRAYERS OF INTERCESSION

Let us pray for the Church and for the world.

*This response may be included:*

Lord, hear us.

**Lord, graciously hear us.**

*And at the end:*

Merciful Father,  
**accept these prayers for the sake of your Son,  
our Saviour, Jesus Christ. Amen.**

## PEACE

God has called us to live in peace.

*cf 1 Corinthians 7.17.*

The peace of the Lord be always with you,  
**and also with you.**

## PREPARATION OF THE TABLE

Look upon us in mercy not in judgement;  
draw us from hatred to love;  
make the frailty of our praise  
a dwelling place for your glory.  
**Amen.**

## EUCCHARISTIC PRAYER

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Blessed are you, Lord God,  
our light and our salvation;  
to you be glory and praise for ever.

From the beginning you have created all things  
and all your works echo the silent music of your praise.

In the fullness of time you made us in your image,  
the crown of all creation.

You give us breath and speech,  
that with angels and archangels  
and all the powers of heaven  
we may find a voice to say your praise:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

How wonderful the work of your hands, O Lord.  
As a mother tenderly gathers her children,  
you embraced a people as your own.  
When they turned away and rebelled  
your love remained steadfast.

From them you raised up Jesus our Saviour,  
born of Mary,  
to be the living bread,  
in whom all our hungers are satisfied.  
He offered his life for sinners,  
and with a love stronger than death  
he opened wide his arms on the cross.



On the night before he died,  
he came to supper with his friends  
and, taking bread, he gave you thanks.

He broke it and gave it to them, saying:

Take, eat;  
this is my body which is given for you;  
do this in remembrance of me.

At the end of supper, taking the cup of wine,  
he gave you thanks, and said:

Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me

**Christ has died; Christ is risen;  
Christ will come again.**

Father, we plead with confidence  
his sacrifice made once for all upon the cross;  
we remember his dying and rising in glory,  
and we rejoice that he intercedes for us  
at your right hand.

Pour out your Holy Spirit  
as we bring before you  
these gifts of your creation;  
may they be for us  
the body and blood of your dear Son.

As we eat and drink  
these holy things in your presence,  
form us in the likeness of Christ,  
and build us into a living temple to your glory.

Remember, Lord, your Church in every land.  
Reveal her unity, guard her faith,  
and preserve her in peace.

Bring us at the last with *[N and]* all the saints  
to the vision of that eternal splendour  
for which you have created us;

through Jesus Christ, our Lord,  
by whom, with whom, and in whom,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty,  
in songs of everlasting praise.

**Blessing and honour and glory and power  
be yours for ever and ever. Amen.**

## **THE LORD'S PRAYER**

As our Saviour taught us, so we pray.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

*(Or)* **Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory  
for ever and ever. Amen.**

## **BREAKING OF THE BREAD**

*The president breaks the consecrated bread.*

We break this bread to share in the body of Christ.  
Though we are many, we are one body,  
because we all share in one bread.

Jesus, Lamb of God, have mercy on us.  
Jesus, bearer of our sins, have mercy on us.  
Jesus, redeemer of the world, grant us peace.

## **GIVING OF COMMUNION**

God's holy gifts for God's holy people.  
Jesus Christ is holy, Jesus Christ is Lord,  
to the glory of God the Father.

## WORDS OF DISTRIBUTION said to all here

The body of Christ keep you in eternal life.  
**Amen.**

*Please wait to be directed forward to receive communion in one kind only which is distributed in silence.*

## PRAYER AFTER COMMUNION

God of our pilgrimage,  
you have willed that the gate of mercy  
should stand open for those who trust in you:  
look upon us with your favour  
that we who follow the path of your will  
may never wander from the way of life;  
through Jesus Christ our Lord.

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory. Amen.**

## NOTICES

### HYMN

- 1 Lord, enthroned in heav'nly splendour,  
first-begotten from the dead,  
thou alone, our strong defender,  
liftest up thy people's head.  
Alleluia, alleluia,  
Jesu, true and living bread.
- 2 Here our humblest homage pay we,  
here in loving rev'rence bow;  
here for faith's discernment pray we,  
lest we fail to know thee now.  
Alleluia, alleluia,  
thou art here, we ask not how.

- 3        Though the lowliest form doth veil thee  
          as of old in Bethlehem,  
          here as there thine angels hail thee,  
          Branch and Flow'r of Jesse's Stem.  
          Alleluia, alleluia,  
          we in worship join with them.
- 4        Paschal Lamb, thine off'ring, finished  
          once for all when thou wast slain,  
          in its fulness undiminished  
          shall for evermore remain,  
          Alleluia, alleluia,  
          cleansing souls from ev'ry stain.
- 6        Life-imparting heav'nly manna,  
          stricken rock with streaming side,  
          heav'n and earth with loud hosanna  
          worship thee, the Lamb who died,  
          Alleluia, alleluia,  
          ris'n, ascended, glorified!

*George Hugh Bourne (1840-1925) HymnQuest ID: 57205*

## **BLESSING**

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

*The people depart from the building, followed by the ministers.*

## OUR PRAYERS ARE ASKED FOR

**Those who suffer in body, mind or spirit**, among them Sue P, Richard H, Tim C, Kay G, Oliver D, Veronica D, Fred R, Jonathan, Diane J, Fr Stephen Short, Ron W, Wendy S.

**The housebound** and those in residential homes: Diana B, Cedric G.

**The Church** of South India (United); The Porvoo Churches – Portsmouth, Stockholm.

*If you would like to add a name to our prayer list, please first obtain the consent of the person you wish us to pray for. Then tell Rev Christine whom to pray for and the reason why.*

## REMEMBER THE DEPARTED

**Those whose anniversaries fall on this week:** Kenneth Frederick Byers, Beryl Nora Maudsley, Frederick Coles, May Smart, Wilfred Clayton, Mary Tutt, Mary Blackmore, Annie Catanding, William Newcombe, Peter Ryland Griffin, Emily Mary Dickens, Betsy Carnelly, Marjorie Grove, Margaret Rainbow, Paul Gatenby, Nellie Betts, Kathleen Stapleton, Mary Blackmore, Vera Toyer, Eunice Taylor, Yvonne Taylor, Margaret Smith.

**Those who died recently**, among them Roger Poolman. We pray for those who mourn.

## NOTICES

**All Hallows' Flower Fund afternoon tea** at 16 Cherry Avenue, Wed 25 Aug, 14:30-16:30. Please bring a chair. Tickets £5 from Ann Harrison (01933 673933).

**All Hallows' Summer Fayre** Sat 21 Aug 9:30 – 12:30, in and around the church.

## DIARY

|                          |                            |                    |
|--------------------------|----------------------------|--------------------|
| <b>Tues 10 Aug</b>       | <b>Laurence</b>            |                    |
| 8:30 - 9:00              | Zoom                       | Morning Prayer     |
| <b>Wed 11 Aug</b>        | <b>Clare of Assisi</b>     |                    |
| 10:30 - 12:15            | All Hallows                | open to the public |
| 12:15 - 13:00            | All Hallows                | Midweek Eucharist  |
| 17:30 - 18:00            | Zoom                       | Evening Prayer     |
| <b>Thurs 12 Aug</b>      |                            |                    |
| 8:30 - 9:00              | Zoom                       | Morning Prayer     |
| 10:00 - 10:30            | All Saints                 | Holy Communion     |
| <b>Sat 14 Aug</b>        |                            |                    |
| 10:30 - 12:15            | All Hallows                | open to the public |
| 15:00 - 16:00            | All Saints                 | Wedding            |
| <b>Sun 15 August</b>     | <b>Blessed Virgin Mary</b> |                    |
| <i>magazine deadline</i> |                            |                    |
| 9:15 - 10:15             | All Saints                 | Eucharist          |
| 11:15 - 12:15            | All Hallows                | Eucharist          |
| 18:00 - 18:30            | Zoom                       | Compline           |



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