# **Holy Communion**



First Sunday after Trinity 19 June 2022

A warm welcome to our worship this morning. Whether a regular or a visitor, it is good to have you here.

At **All Hallows** we continue to take precautions to keep everyone as safe as possible as we worship. If you wish to continue to observe **social distancing rules** during worship, please sit in the side aisles.

We encourage you to use the *hand sanitiser stations* when you arrive, before and after communion, and when you leave. *Face masks* are no longer mandatory, but if you feel more comfortable wearing one, these can be found at the back of church.

*Personal photographs* you take in our church, with children other than your own in them, are not to be published on social media sites (Instagram, Facebook etc.)

*We stand as the bell sounds* to mark the beginning of our worship. As we sing our first hymn the altar party process into church.

### HYMN

- Praise, my soul, the King of heaven; To his feet your tribute bring. Ransomed, healed, restored, forgiven, Evermore his praises sing. Alleluia, alleluia! Praise the everlasting King!
- Praise him for his grace and favour
  To his people in distress.
  Praise him, still the same as ever,
  Slow to chide, and swift to bless.
  Alleluia, alleluia!
  Glorious in his faithfulness!
- Fatherlike he tends and spares us;
  Well our feeble frame he knows.
  In his hand he gently bears us,
  Rescues us from all our foes.
  Alleluia, alleluia!
  Widely yet his mercy flows!

Angels, help us to adore him; You behold him face to face. Sun and moon, bow down before him, Dwellers all in time and space. Alleluia, alleluia! Praise with us the God of grace!

Henry Francis Lyte (1793–1847) based on Psalm 103

#### GREETING

4

Minister In the name of the Father, and of the Son, and of the Holy Spirit.

All Amen.

Minister The Lord be with you,

All and also with you.

Words of welcome may be said.

#### PRAYER OF PREPARATION

All Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

#### CONFESSION

Deacon God the Father forgives us in Christ and heals us by the Holy Spirit. Let us therefore put away all anger and bitterness, all slander and malice, and confess our sins to God our redeemer.

cf Ephesians 4.30,32.

#### Silence may be kept.

All O King enthroned on high, filling the earth with your glory: holy is your name, Lord God almighty. In our sinfulness we cry to you to take our guilt away, and to cleanse our lips to speak your word, through Jesus Christ our Lord. Amen.

# ABSOLUTION

Minister May the Father forgive you by the death of his Son and strengthen you to live in the power of the Spirit all your days.

All Amen.

## **GLORIA IN EXCELSIS**

All Glory to God, glory to God, glory to God in the highest.

Glory to God in the highest and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Glory to God, glory to God, glory to God in the highest.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world; have mercy on us; you are seated at the right hand of the Father, receive our prayer.

Glory to God, glory to God, glory to God in the highest.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

Glory to God, glory to God, glory to God in the highest.

# COLLECT

The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding. The Collect is said.

 Deacon God of truth, help us to keep your law of love and to walk in ways of wisdom, that we may find true life in Jesus Christ your Son.
 Amen.

### FIRST READING 1 Kings 19.1-4, 8-15a

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, 'So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow.' Then he was afraid; he got up and fled for his life, and came to Beersheba, which belongs to Judah; he left his servant there.

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O LORD, take away my life, for I am no better than my ancestors.'

He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there. Then the word of the LORD came to him, saying, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.'

He said, 'Go out and stand on the mountain before the LORD, for the LORD is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' Then the LORD said to him, 'Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram.'

#### At the end the reader may say

This is the word of the Lord.

All Thanks be to God.

Silence may be kept.

### PSALM 42

Response between each verse sung by all:

All	As the running deer seeks the flowing brook: even so my soul longs for you my God.
Cantor All	My soul is athirst for God, even for the living God: But when shall I attain the vision of his face? <b>As the running deer</b>
Cantor	O send your light and truth, and let them be my guide To reach your holy hill, the place of your abode.
All	As the running deer

- Cantor Why so heavy O my soul? Why so disquieted within me? O put your trust in God, my helper and my God.
- All As the running deer...
- Cantor To God's altar will I go, to God my cheifest joy: On the strings of the harp I will offer him my praise.
- All As the running deer...

# SECOND READING Galatians 3.23-29

Before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptised into Christ have clothed yourselves with Christ; there is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

At the end the reader may say

This is the word of the Lord.

#### All Thanks be to God.

#### Silence may be kept.

### HYMN

1 As the deer pants for the water, so my soul longs after you. You alone are my heart's desire and I long to worship you.

> You alone are my strength, my shield, to you alone may my spirit yield. You alone are my heart's desire and I long to worship you.

- 2 I want you more than gold or silver, only you can satisfy.You alone are the real joy-giver and the apple of my eye.
- 3 You're my Friend and you're my Brother, even though you are a king.

I love you more than any other, so much more than anything.

Martin J. Nystrom (b. 1956) Words and Music: © 1983 Restoration Music Ltd

### GOSPEL READING Luke 8.26-39

AllAlleluia! [x4]CantorSpeak Lord, for your servant is listening.<br/>You have the words of eternal life.AllAlleluia! [x4]Descent the Control of our local of our local

Deacon Hear the Gospel of our Lord Jesus Christ according to Luke.

All Glory to you, O Lord.

Jesus and his disciples arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me' – for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, 'What is your name?' He said, 'Legion'; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, 'Return to your home, and declare how much God has done for you.' So he went away, proclaiming throughout the city how much Jesus had done for him.

This is the Gospel of the Lord.AllPraise to you, O Christ.

# SERMON

After the Sermon silence may be kept.

# CREED

- Minister Let us declare our faith in God, Father, Son and Holy Spirit.
- All We believe in God, the Father, from whom every family in heaven and on earth is named.

We believe in God the Son, who lives in our hearts through faith, and fills us with his love.

We believe in God the Holy Spirit, who strengthens us with power from on high.

We believe in one God; Father, Son and Holy Spirit. Amen.

# PRAYERS OF INTERCESSION

Minister In the power of the Spirit and in union with Christ, let us pray to the Father.

This response may be included:

Lord, in your mercy,

#### All hear our prayer.

#### And at the end:

Merciful Father,

All accept these prayers for the sake of your Son, our Saviour, Jesus Christ. Amen.

Silence is kept.

### PEACE

- Minister Peace to you from God our heavenly Father. Peace from his Son Jesus Christ who is our peace. Peace from the Holy Spirit, the life-giver. The peace of the triune God be always with you.
- All And also with you.

### PREPARATION OF THE TABLE

### HYMN

- 1 As water to the thirsty, as beauty to the eyes, as strength that follows weakness, as truth instead of lies, as songtime and springtime and summertime to be, so is my Lord, my living Lord, so is my Lord to me.
- 2 Like calm in place of clamour, like peace that follows pain, like meeting after parting, like sunshine after rain, like moonlight and starlight and sunlight on the sea, so is my Lord, my living Lord, so is my Lord to me.
- 3 As sleep that follows fever, as gold instead of grey, as freedom after bondage, as sunrise to the day, as home to the traveller and all we long to see, so is my Lord, my living Lord, so is my Lord to me.

Timothy Dudley-Smith (b. 1926) Words: © Timothy Dudley-Smith in Europe and Africa

# TABLE PRAYER

Minister Wise and gracious God, you spread a table before us; nourish your people with the word of life and the bread of heaven.

All Amen.

# EUCHARISTIC PRAYER

Minister The Lord be with you,

All and also with you.

Minister Lift up your hearts.

All We lift them to the Lord.

Minister Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

Minister It is indeed right, our duty and our joy, always and everywhere to give you thanks, holy Father, almighty and eternal God.

> From sunrise to sunset this day is holy, for Christ has risen from the tomb and scattered the darkness of death with light that will not fade.

This day the risen Lord walks with your gathered people, unfolds for us your word, and makes himself known in the breaking of the bread.

And though the night will overtake this day you summon us to live in endless light, the never-ceasing sabbath of the Lord.

And so, with choirs of angels and with all the heavenly host, we proclaim your glory and join their unending song of praise:

- Choir/All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna, hosanna, hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna, hosanna, hosanna in the highest.
- Minister Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Deacon Great is the mystery of faith.

#### Choir/All Christ has died; Christ is risen; Christ will come again.

Minister And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

> As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of *[N and]* all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. Amen.

All

#### THE LORD'S PRAYER

Minister As our Saviour taught us, so we pray.

Our Father in heaven,(Or)hallowed be your name,(Or)hallowed be your name,(Or)your kingdom come,(Or)your will be done,(Or)on earth as in heaven.(Or)Give us today our daily bread.(Or)Forgive us our sins(Or)as we forgive those(Or)who sin against us.(Or)Lead us not into temptation(Or)but deliver us from evil.(Or)For the kingdom, the power,(Or)and the glory are yours(Or)now and for ever. Amen.(Or)

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. Amen.

### **BREAKING OF THE BREAD**

The president breaks the consecrated bread.

- Minister We break this bread to share in the body of Christ.
- All Though we are many, we are one body, because we all share in one bread.

#### AGNUS DEI

Choir/All Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

#### **GIVING OF COMMUNION**

Minister Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

#### All Amen.

Please wait to be directed forward to receive communion.

#### ANTHEM Sir Edward Elgar: Ave Verum

Jesu, Lamb of God, Redeemer, born the Virgin Mary's Son, who upon the cross a victim for all has a salvation won. From whose side, which man hath pierced, flowed the water and the blood, By thy sacred body broken, in our death be thou our food.

#### HYMN

 Be still, for the presence of the Lord, the Holy One, is here; come bow before him now with reverence and fear: in him no sin is found we stand on holy ground. Be still, for the presence of the Lord, the Holy One is here.

- Be still, for the glory of the Lord is shining all around; he burns with holy fire, with splendour he is crowned: how awesome is the sight our radiant King of light! Be still, for the glory of the Lord is shining all around.
- Be still, for the power of the Lord is moving in this place: he comes to cleanse and heal, to minister his grace. No work too hard for him, in faith receive from him. Be still, for the power of the Lord is moving in this place.

David Evans (b. 1957) Words and Music: © 1986 Administered by Kingswaysongs, a division of David C Cook

## PRAYER AFTER COMMUNION

Minister Eternal Father, we thank you for nourishing us with these heavenly gifts: may our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ our Lord.

All Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

#### NOTICES

#### HYMN

- 1 The church's one foundation is Jesus Christ her Lord; she is his new creation by water and the word: from heaven he came and sought her to be his holy Bride; with his own blood he bought her, and for her life he died.
- 2 Elect from every nation, yet one o'er all the earth, her charter of salvation one Lord, one faith, one birth; one holy name she blesses, partakes one holy food, and to one hope she presses with every grace endued.
- Though with a scornful wonder men see her sore opprest, by schisms rent asunder, by heresies distrest; yet saints their watch are keeping, their cry goes up, 'How long?' And soon the night of weeping shall be the morn of song.

- 4 'Mid toil and tribulation, and tumult of her war, she waits the consummation of peace for evermore; till with the vision glorious her longing eyes are blest, and the great church victorious shall be the church at rest.
- 5 Yet she on earth hath union with God the Three in One, and mystic sweet communion with those whose rest is won: O happy ones and holy! Lord, give us grace that we, like them, the meek and lowly, on high may dwell with thee.

Samuel John Stone (1832–1900)

### BLESSING

Minister The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

#### All Amen.

### DISMISSAL

Deacon Go in peace to love and serve the Lord. All In the name of Christ, Amen.

The people and ministers depart.

ORGAN VOLUNTARY William Smart: Postlude in D

# OUR PRAYERS ARE ASKED FOR

**Those who suffer in body, mind or spirit**, among them Richard H, Kay G, Jonathan, Ron W, Kath T, June M, Jenny A, Andrew E.

The housebound and those in residential homes: Shirley C, Diana B.

*If you would like to add a name to our prayer list, please obtain the consent of the person you wish us to pray for. Then tell Rev Paula whom to pray for and the reason why.* 

# REMEMBER THE DEPARTED

Those whose anniversaries fell on this past week: Betty Desborough, Dudley Morgan, Stephen Jones, Dorothea Eileen Waite, Bill Lanning, James Ferguson, Sidney Ernest Richardson, John James McCormack, Thomas Harper Anderson, Cecil Distin Byng-Maddick, Joanne Spencer, Olive Lawrence, Derrick Lambert, Bess de Vries, Kathleen Knight, Anne Bosworth, Colin Woodger, Toni Brown, Elsie Rabbitt, Laura Spinks, Eric Harris, Margaret Sybil Odell, Harry Parkin, Linda Smith, Sheila Jennings.

# NOTICES

There is NO 10AM Service on Thurs 23 June and Thurs 30 June.

Stephen Ostler is moving to Hurstpierpoint imminently and although initially he thought it would be possible to carry on editing the magazine for us, it has become clear that this will not be feasible. Consequently, the June **magazine** will be Stephen's last.

It has been obvious for some time that as a benefice we need to review how we communicate with those inside and outside of the church family and Stephen's leaving has made this more urgent. It is the ideal time to discuss our communication 'package' and make changes to address the changing ways in which people access information and how we might best engage with as many people and organisations as possible.

The earliest opportunity for this discussion to take place is at PCC meetings in July, therefore with the support of churchwardens from both churches, it has been decided that there will be no magazine over the summer. Advertisers will be offered a refund based on the PCC decision in July. The outcome of the meeting will be circulated after the July meetings.

Canon Paula

## DIARY

<b>Mon 20 June</b> 18:00 - 19:15 18:15 - 19:30 19:30 - 21:00	St Mary's Church Hall All Hallows' Hall St Mary's Church Hall	Cubs Brownies, Rainbows Scouts
<b>Tues 21 June</b> 8:30 - 9:00 9:30 - 12:00	Zoom All Hallows' Hall	Morning Prayer coffee shop
Wed 22 June 9:30 - 12:00 10:30 - 12:30 12:15 - 13:00 19:00 - 20:30	Alban All Hallows Hall All Hallows All Hallows All Hallows' Hall	coffee shop open to the public Midweek Eucharist Guides
<b>Thurs 23 June</b> 8:30 - 9:00 18:15 - 19:30	<b>Ethelreda</b> Zoom All Hallows Hall	Morning Prayer Beavers
<b>Fri 24 June</b> 9:30 - 12:00 19:00 - 20:00 19:00 - 20:15	<b>Birth of John the Bapt</b> All Hallows' Hall All Hallows All Saints	i <b>st</b> coffee shop choir practice choir practice
<b>Sat 25 June</b> 9:30 - 12:00 10:30 - 12:30 13:30 - 14:30	All Hallows All Hallows All Hallows	coffee shop open to the public wedding
<b>Sun 26 June</b> 9:15 - 10:30 11:15 - 12:30 18:00 - 18:30 19:30 - 21:30	<b>Trinity 2</b> All Saints All Hallows Zoom Dale End, Croyland Rd	Eucharist Eucharist Compline Explorers

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