



Holy Communion

All Hallows Church

Third Sunday of Lent

8 March 2026

A warm welcome to our worship this morning. Whether a regular or a visitor, we are delighted to have you with us, and hope that you will enjoy the service.

*All you need to **follow the service** is contained in this leaflet. For a large print, ask the person who gave you this leaflet. Please join in the responses in bold.*

We serve refreshments before the service, feel free to take your drink to your pew for the start of the service.

*We don't take cash collection during the service, however we welcome **donations** towards our mission and ever increasing maintenance costs. These can be left in the collection plate or be made using our contactless card machine at the entrance. Alternatively you can scan the QR code on the last page.*

Hymn

- 1 All my hope on God is founded;
he doth still my trust renew.
Me through change and chance he guideth,
only good and only true.
God unknown, he alone
calls my heart to be his own.
- 2 Human pride and earthly glory,
sword and crown betray his trust;
what with care and toil he buildeth,
tower and temple, fall to dust.
But God's power, hour by hour,
is my temple and my tower.
- 3 God's great goodness aye endureth,
deep his wisdom, passing thought:
splendour, light, and life attend him,
beauty springeth out of naught.
Evermore from his store
new-born worlds rise and adore.
- 4 Daily doth th' Almighty giver
bounteous gifts on us bestow;
his desire our soul delighteth,
pleasure leads us where we go.
Love doth stand at his hand;
joy doth wait on his command.
- 5 Still from earth to God eternal
sacrifice of praise be done,
high above all praises praising
for the gift of Christ his Son.
Christ doth call one and all:
ye who follow shall not fall.

*Robert Seymour Bridges (1844–1930)
based on Meine Hoffnung stehet feste,
by Joachim Neander (1650–1680)*

Greeting

Minister In the name of the Father, and of the Son, and of the Holy Spirit.

All Amen.

Minister The Lord be with you.

All And also with you.

Words of welcome may be said.

Prayer of Preparation

**All Almighty God, to whom
 all hearts are open, all desires known,
 and from whom no secrets are hidden:
 cleanse the thoughts of our hearts
 by the inspiration of your Holy Spirit,
 that we may perfectly love you,
 and worthily magnify your holy name;
 through Christ our Lord. Amen.**

Confession

Deacon Jesus, full of the Holy Spirit, returned from the Jordan
 and was led by the Spirit into the wilderness,
 where for forty days he was tempted by the devil.

Let us confess our sins
remembering before God the times
when we have fallen from temptation into sin.

Kyrie Eleison

Minister We confess to you our selfishness and lack of love:
 fill us with your Spirit. Lord, have mercy.

All Lord, have mercy.

Minister We confess to you our fear and failure in sharing our faith:
 fill us with your Spirit. Christ, have mercy.

All Christ, have mercy.

Minister We confess to you our stubbornness and lack of trust:
 fill us with your Spirit. Lord, have mercy.

All Lord, have mercy.

Absolution

Minister May almighty God,
who sent his Son into the world to save sinners,
bring you his pardon and peace, now and for ever.

All Amen.

Collect

The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding. The Collect is said.

Eternal God, give us insight
to discern your will for us, to give up what harms us,
and to seek the perfection we are promised
in Jesus Christ our Lord.

All Amen.

First reading Exodus 17.1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the LORD?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the LORD, 'What shall I do with this people? They are almost ready to stone me.' The LORD said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the LORD, saying, 'Is the LORD among us or not?'

This is the word of the Lord.

All Thanks be to God.

Lent Prose

Cantor Hear us, O Lord, have mercy on us: for we have sinned against thee.

All Hear us, O Lord, have mercy on us: for we have sinned against thee.

Choir God, we implore thee, in thy glory seated,
bow down and hearken to thy weeping children,
pity and pardon all our grievous trespasses.

All Hear us, O Lord, have mercy on us: for we have sinned against thee.

Second reading Romans 5.1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

This is the word of the Lord.

All Thanks be to God.

Hymn

- | | |
|--|--|
| 1 Lord Jesus, think on me,
and purge away my sin;
from earthborn passions set me free,
and make me pure within. | 3 Lord Jesus, think on me,
nor let me go astray;
through darkness and perplexity
point thou the heavenly way. |
| 2 Lord Jesus, think on me
with many a care opprest;
let me thy loving servant be,
and taste thy promised rest. | 4 Lord Jesus, think on me,
that, when the flood is past,
I may the eternal brightness see,
and share thy joy at last. |

Mnoeo Xriste; Synesius of Cyrene (c.365–414) translated by Allen William Chatfield (1808–1896)

Gospel reading John 4.5-42

All/choir Praise to you, O Christ, King of eternal glory.

Cantor The Lord is a great God,
O that today you would listen to his voice.
Harden not your hearts.

All/choir Praise to you, O Christ, King of eternal glory.

Minister Hear the Gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink.' (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink," you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks

such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him.

Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no one has brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

Many Samaritans from that city believed in Jesus because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

This is the Gospel of the Lord.

All Praise to you, O Christ.

Sermon

After the Sermon silence may be kept.

Creed

Minister Let us declare our faith in God: Father, Son and Holy Spirit.

All We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of Intercession

Minister With confidence and trust let us pray to the Father.

This response may be included:

Lord, in your mercy,
All hear our prayer.

And at the end:

Merciful Father,
All accept these prayers for the sake of your Son,
our Saviour, Jesus Christ. Amen.

Silence is kept.

Peace

Minister Since we are justified by faith,
we have peace with God through our Lord Jesus Christ
who has given us access to his grace.

The peace of the Lord be always with you.

All **And also with you.**

Deacon Let us share with one another a sign of peace.

We share with one another a sign of Christ's peace.

Preparation of the table

Hymn

- 1 Be thou my vision, O Lord of my heart,
be all else but naught to me, save that thou art;
be thou my best thought in the day and the night,
both waking and sleeping, thy presence my light.
- 2 Be thou my wisdom, be thou my true word,
be thou ever with me, and I with thee, Lord;
be thou my great Father, and I thy true son;
be thou in me dwelling, and I with thee one.
- 3 Be thou my breastplate, my sword for the fight;
be thou my whole armour, be thou my true might;
be thou my soul's shelter, be thou my strong tower:
O raise thou me heavenward, great Power of my power.
- 4 Riches I heed not, nor man's empty praise:
be thou mine inheritance now and always;
be thou and thou only the first in my heart;
O Sovereign of heaven, my treasure thou art.
- 5 High King of heaven, thou heaven's bright Sun,
O grant me its joys after victory is won;
great Heart of my own heart, whatever befall,
still be thou my vision, O Ruler of all.

*Rop tu mo baile, a Choindiu cride (Irish, 8th century)
translated by Mary Elizabeth Byrne (1880–1931), versified by Eleanor Henrietta Hull (1860–1935)*

Table prayer

Minister God of wisdom,
may the light of your eternal Word,
our Lord and Saviour Jesus Christ,
lead us in holiness and guide us to glory;
we ask this in his name.

All Amen.

Eucharistic prayer

Minister The Lord is here.

All His spirit is with us.

Minister Lift up your hearts.

All We lift them to the Lord.

Minister Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

Minister It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.

For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.

Through fasting, prayer and acts of service
you bring us back to your generous heart.

Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

**All/choir Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna, hosanna, hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna, hosanna, hosanna in the highest.**

Minister We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died
he had supper with his friends
and, taking bread, he praised you.

He broke the bread, gave it to them and said:

Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you
the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Deacon Great is the mystery of faith.

All/choir Christ has died; Christ is risen; Christ will come again.

Minister Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with [*N and*] all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

All Amen.

The Lord's Prayer

Minister As our Saviour taught us, with confidence we pray.

All Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory
for ever and ever. Amen.

Breaking of the bread

The president breaks the consecrated bread.

Minister We break this bread to share in the body of Christ.

All Though we are many, we are one body,
because we all share in one bread.

All/choir Lamb of God,
you take away the sins of the world, have mercy on us.

Lamb of God,
you take away the sins of the world, have mercy on us.

Lamb of God,
you take away the sins of the world, grant us peace.

Giving of Communion

Minister Draw near with faith.

Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.

Eat and drink in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

Please wait to be directed forward to receive communion.

Hymn

- 1 Deck thyself, my soul, with gladness,
leave the gloomy haunts of sadness;
come into the daylight's splendour,
there with joy thy praises render
unto him whose grace unbounded
hath this wondrous banquet founded:
high o'er all the heavens he reigneth,
yet to dwell with thee he deigneth.
- 2 Now I sink before thee lowly,
filled with joy most deep and holy,
as with trembling awe and wonder
on thy mighty works I ponder:
how, by mystery surrounded,
depth no mortal ever sounded,
none may dare to pierce unbidden
secrets that with thee are hidden.
- 3 Sun, who all my life dost brighten,
light, who dost my soul enlighten,
joy, the sweetest heart e'er knoweth,
fount, whence all my being floweth,
at thy feet I cry, my Maker,
let me be a fit partaker
of this blessed food from heaven,
for our good, thy glory, given.
- 4 Jesus, Bread of Life, I pray thee,
let me gladly here obey thee;
never to my hurt invited,
be thy love with love requited:
from this banquet let me measure,
Lord, how vast and deep its treasure;
through the gifts thou here dost give me,
as thy guest in heaven receive me.

Schmücke dich, O liebe Seele Johann Franck (1618-1677) translated by Catherine Winkworth (1827-1878)

Motet Farrant: Lord, for thy tender mercies' sake

Lord, for thy tender mercies' sake, lay not our sins to our charge,
but forgive that is past, and give us grace to amend our sinful lives,

to decline from sin and incline to virtue,
that we may walk in a perfect heart before thee now and evermore.

Prayer after Communion

Minister Merciful Lord,
grant your people grace
to withstand the temptations
of the world, the flesh and the devil,
and with pure hearts and minds
to follow you, the only God;
through Jesus Christ our Lord.

All Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.

Notices

Hymn

- | | |
|---|--|
| 1 Send, O God, your Holy Spirit
on your people gathered here.
Fill our lives with gentle courage;
let your love cast out our fear. | 3 Gifts of wisdom, gifts of knowledge,
gifts of faith and healing grace,
gifts that in the Spirit's power
will reveal the Saviour's face. |
| 2 Every perfect gift is given
by the God whose name we bear
to equip the saints of Jesus
for the saving work we share. | 4 All God's children, all Christ's people,
all the saints, receive this word!
Claim the gift, the faith, the promise,
build the body of the Lord. |

Sylvia G. Dunstan (1955–1993) Words: © GIA Publications Inc

Blessing

Minister May God the Father,
who does not despise the broken spirit,
give to you a contrite heart.

All Amen.

Minister May Christ,
who bore our sins in his body on the tree,
heal you by his wounds.

All Amen.

Minister May the Holy Spirit,
who leads us into all truth,
speak to you words of pardon and peace.

All Amen.

Minister And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All Amen.

Dismissal

Deacon Go in peace to love and serve the Lord.

All In the name of Christ. Amen.

The people and ministers depart.

Organ voluntary Leonn Boellmann: *Suite Gothique*

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Diary

Mon 9 Mar

9:00-9:30	Zoom	Morning Prayer
9:15-11:00	All Hallows' Hall	Little Acorns pre-school group
18:00-19:15	St Mary's Hall	4th Cubs
18:15-19:30	All Hallows' Hall	Brownies & Rainbows
18:30-19:15	All Saints	Organ lesson
19:30-20:30	All Saints' Lady Chapel	Bible study
19:30-21:00	St Mary's Hall	4th Scouts

Tues 10 Mar

9:00-9:30	Zoom	Morning Prayer
9:30-12:00	All Hallows' Hall	coffee shop
14:00-15:00	W'boro Museum	Tea @2

Wed 11 Mar

9:00-9:30	Zoom	Morning Prayer
9:30-12:00	All Hallows' Hall	coffee shop
10:30-13:00	All Hallows	open to the public
12:15-13:00	All Hallows	Holy Communion
19:00-20:30	All Hallows	Bell ringing
19:00-20:30	All Hallows' Hall	Guides

Thurs 12 Mar

9:00-9:30	Zoom	Morning Prayer
18:15-19:30	All Saints	4 th Beavers

Fri 13 Mar

9:30-12:00	All Hallows' Hall	coffee shop
18:30-19:45	All Saints	junior choir practice
19:30-21:00	All Saints	adult choir practice

Sat 14 Mar

9:30-12:30	All Hallows' Hall	coffee shop
9:30-10:30	Dale End	4 th Squirrels
10:00-12:00	All Saints	coffee morning
10:30-12:30	All Hallows	open to the public

Sun 15 Mar **Mothering Sunday**

9:15-10:15	All Saints	Sung Eucharist
11:15-12:15	All Hallows	Sung Eucharist
18:00-18:30	Zoom	Compline
19:30-21:30	All Hallows' Hall	Pegasus Explorers

Our prayers are asked for

Those who suffer in body, mind or spirit, among them Carol, Kay G, Diana Brown, Jo Thraves, Glennis Eades, Rita Hawkes, William, Steve Cavender, Anne, Shirley Crowhurst, Michael Englefield.

The housebound and those in residential homes: Shirley Cockerill, Susan Poolman, Jenny Attewell, Margaret Eady, Richard Hole.

To add a name to our prayer list, please obtain the consent of the person you wish us to pray for. Then please email Pat Thomas (pat_@hotmail.co.uk).

Remember the departed

Those whose anniversaries fell on this past week: Emily Pratt, Milly Barron, Horace Redman, Peter Blagden-Gamlin, Frank Peck, Eric Buchanan, Tom Farrely, John Herrod, Dorothy Oram, Geoffrey Startin, Ernest Tutt, Doreen Heathcote, Iris Boulden, Marilyn Higgs, Peter Richardson, Frederick Swindall, Harry Bunker, Sidney Dagger, Elsie Worley, Patricia Brown, Keith Haynes, Madge Ashpole, Rosamund Tye, Thomas Cherry, Phyllis Smith, David Scott, John Dickenson, Joseph Cooke.

Notices

For a lily in remembrance please let Ann Harrison or Anne Douglas know your loved one's name, with a donation of £3 per lily, by 29 March the latest. Donations towards the cost of Easter Flowers would be much appreciated.

Lent Bible Study Monday 9 March 19:30, All Saints' Lady Chapel.

Tea @2 Tuesday 10 March 14:00. Venue change: Wellingborough Museum.

Wellingborough Inter Faith Group meets Thursday 12 March 19:00, Victoria Centre, Palk Road. Guest speaker: Linden Hale, interfaith minister.

Choral Evensong Sunday 8 March 18:00, All Hallows.

Celtic Eucharist & Reflection Saturday 21 March 9:30-11:30, All Hallows.

Good Friday Family Workshop Friday 3 April 10:00-11:30, All Hallows' Hall. If you would like to help on the day, please speak to Jess, Helen or Pat.

Concert of The King's Men Sunday 26 April, All Hallows. Tickets: adult £20, under 16 £5, from Tony (07867 554476 / TonyE1960@aol.

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